

could be pretending to be someone they are not.

**Don't** ever agree on social media or chat rooms, to a private chat unless you know that person face to face. Most of these sites are for children over 13 anyway so be careful what you sign up to.

**Do** block spam. Ask your parents to help you.

If something unkind, nasty, embarrassing or upsetting does come to you online remember it is not your fault

**REPORT IT IMMEDIATELY BY:**

Telling an adult at home or at school. It could be someone on your safety network.

Calling Childline 0800 1111

Using the report button on the site you are on or go to **thinkuknow.co.uk** and click on thihomport

# **CYBER BULLYING**

**Information for Pupils**

## **What is Cyber Bullying?**

**Cyber bullying is bullying that happens online using computers, tablets, gaming devices or mobile phones.**

Cyber- bullying could include:

Sending threatening text